

A Touch of Health Chiropractic & Acupuncture Clinic

Date _____

PATIENT INFORMATION

Patient Full Name: _____ (Legal)

Prefer to be called: _____

Birth Date: ____/____/____ Age: ____ Gender: F / M

Social Security Number: _____

Email Address _____ **(checked frequently)**

Marital Status: Married Separated Widowed Single

Name of Spouse _____

Spouse's Date of Birth ____/____/____

CURRENT ADDRESS AND PHONE

Street _____

City _____ State _____ Zip _____

Home Phone (____) _____ Cell Phone (____) _____

INSURANCE

Insurance Carrier _____

Primary Insured Name _____

Insured Birth Date ____/____/____

Is patient covered by additional insurance? YES NO

If YES, Secondary Insurance _____

Primary Insures Name (Secondary) _____

EMPLOYMENT

Employer _____

Occupation _____

Employer Address _____

Employer City, State, Zip code _____

Who should we contact in the event of an emergency? _____

Phone (____) _____

Who can we thank for referring you? _____

Acupuncture Informed Consent to Treat

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist(s) who now or in the future treat me.

I understand that methods of treatment may include, but are not limited to, acupuncture, Chinese herbal medicine, and nutritional counseling. The herbs may have an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness, or tingling near the needling sites that may last a few days, and dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax) Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal, and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me I am or become pregnant.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment, which the clinical staff thinks at the time, based upon the facts then known, is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administration staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent to cover the entire course of treatment for my present condition and for any future conditions(s) for which I seek treatment.

Printed Name: _____

Patient Signature: _____ Date: _____

(Or Patient Representative)

Present Complaints

Patient: _____

Reason for your visit

When did symptoms begin: _____

Is this condition getting progressively worse? YES NO

Is the pain constant or does it come and go? _____

Circle type of pain

Sharp Dull Throbbing Numb Achy Shooting Burning Tingling Cramps Stiff

How often do you have this pain? _____

What makes it better? _____

What makes it worse? _____

When, during the day, is it worse? _____

- Does it interfere with your: ___ work
- ___ sleep
- ___ daily routine
- ___ recreation

List other doctors seen for this condition:

Please mark on the following scale your level of pain.

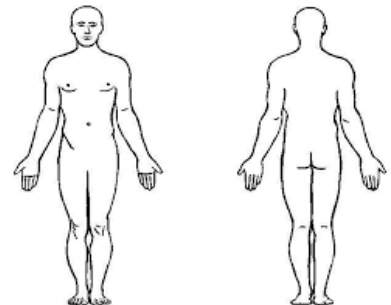
If more than one symptom, please indicate a level of pain for each:

No discomfort.....Worst possible

0 1 2 3 4 5 6 7 8 9 10

-

Mark with an X where you have pain, numbness, or tingling: ----->



Health Questionnaire

Please check mark each of the conditions below that YOU are currently

Patient: _____ Date: _____

Musculo Skeletal System

- ◇ Low back pain
- ◇ Mid back pain
- ◇ Pain between shoulders
- ◇ Neck pain
- ◇ Arm problems
- ◇ Leg problems
- ◇ Swollen joints
- ◇ Painful joints
- ◇ Stiff joints
- ◇ Sore muscles
- ◇ Weak muscles
- ◇ Walking problems
- ◇ Spasms
- ◇ Broken bones
- ◇ Shoulder pain

Cardio-Vascular Respiratory

- ◇ Chest pain
- ◇ Pain over heart
- ◇ Difficult breathing
- ◇ Persistent cough
- ◇ Coughing phlegm
- ◇ Coughing blood
- ◇ Rapid heartbeat
- ◇ Blood pressure problems
- ◇ Heart problems
- ◇ Lung problems
- ◇ Varicose veins

Genito-Urinary System

- ◇ Bladder trouble
- ◇ Excessive urination
- ◇ Scanty urination
- ◇ Painful urination
- ◇ Discolored urine
- ◇ Vaginal discharge
- ◇ Vaginal bleeding
- ◇ Vaginal pain
- ◇ Breast pain
- ◇ Lumps on the breast

Female

Nervous System

- ◇ Numbness
- ◇ Loss of feeling
- ◇ Paralysis
- ◇ Dizziness
- ◇ Fainting
- ◇ Headaches
- ◇ Muscle jerking
- ◇ Convulsions
- ◇ Forgetfulness
- ◇ Confusion
- ◇ Depression
- ◇ Insomnia

Gastro-Intestinal

System

- ◇ Poor appetite
- ◇ Excessive hunger
- ◇ Difficult chewing
- ◇ Difficult swallowing
- ◇ Excessive thirst
- ◇ Nausea
- ◇ Vomiting Blood
- ◇ Abdominal pain
- ◇ Diarrhea
- ◇ Constipation
- ◇ Black stool
- ◇ Bloody stool
- ◇ Hemorrhoids
- ◇ Liver trouble
- ◇ Gall bladder problems
- ◇ Weight trouble

Habits

- ◇ Cigarettes
- ◇ Alcohol Abuse
- ◇ Coffee or Tea
- ◇ Exercise
- ◇ Drug abuse
- ◇ _____

Eye, Ear, Nose and Throat

- ◇ Eye strain
- ◇ Eye inflammation
- ◇ Vision problems
- ◇ Ear pain
- ◇ Ear discharge
- ◇ Hearing loss
- ◇ Nose pain
- ◇ Nose bleeding
- ◇ Nose discharge
- ◇ Difficult breathing through nose
- ◇ Sore gums
- ◇ Sore throat
- ◇ Hoarseness
- ◇ Difficult speech
- ◇ Sinus
- ◇ Allergy
- ◇ Jaw pain

ARE YOU PREGNANT?

YES **NO**

Patient's Signature: _____

~~~~~ **DO NOT WRITE BELOW THIS LINE** ~~~~~

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Patient accepted?    YES    NO    Doctor's Signature \_\_\_\_\_

# Health History

Patient \_\_\_\_\_ Date \_\_\_\_\_

What treatment have you already received for your condition? Medications \_\_\_\_\_ Surgery \_\_\_\_\_ Physical Therapy \_\_\_\_\_

Chiropractic Services \_\_\_\_\_ None \_\_\_\_\_ Other \_\_\_\_\_

Name and address of other doctor(s) who have treated you for your condition \_\_\_\_\_

Date of last: Physical Exam \_\_\_\_\_ Spinal X-Ray \_\_\_\_\_ Blood Test \_\_\_\_\_

Spinal Exam \_\_\_\_\_ Chest X-Ray \_\_\_\_\_ Urine Test \_\_\_\_\_

Dental X-Ray \_\_\_\_\_ MRI, CT-Scan, Bone Scan \_\_\_\_\_

## Place a circle "YES" or "NO" to indicate if you have had any of the following:

|                    |     |    |                  |     |    |                  |     |    |                                 |     |    |
|--------------------|-----|----|------------------|-----|----|------------------|-----|----|---------------------------------|-----|----|
| AIDS/HIV           | YES | NO | Chicken Pox      | YES | NO | Liver Disease    | YES | NO | Rheumatoid                      | YES | NO |
| Alcoholism         | YES | NO | Diabetes         | YES | NO | Measles          | YES | NO | Arthritis                       |     |    |
| Allergy Shots      | YES | NO | Emphysema        | YES | NO | Migraine         | YES | NO | Rheumatic Fever                 | YES | NO |
| Anemia             | YES | NO | Epilepsy         | YES | NO | Headaches        |     |    | Scarlet Fever                   | YES | NO |
| Anorexia           | YES | NO | Fractures        | YES | NO | Miscarriage      | YES | NO | Stroke                          | YES | NO |
| Appendicitis       | YES | NO | Glaucoma         | YES | NO | Mononucleosis    | YES | NO | Suicide Attempt                 | YES | NO |
| Arthritis          | YES | NO | Goiter           | YES | NO | Multiple         | YES | NO | Thyroid Problems                | YES | NO |
| Asthma             | YES | NO | Gonorrhea        | YES | NO | Sclerosis        |     |    | Tonsillitis                     | YES | NO |
| Bleeding Disorders | YES | NO | Gout             | YES | NO | Mumps            | YES | NO | Tuberculosis                    | YES | NO |
| Breast lump        | YES | NO | Heart Disease    | YES | NO | Osteoporosis     | YES | NO | Tumors, Growth                  | YES | NO |
| Bronchitis         | YES | NO | Hepatitis        | YES | NO | Pacemaker        | YES | NO | Typhoid Fever                   | YES | NO |
| Bulimia            | YES | NO | Hernia           | YES | NO | Parkinson's      | YES | NO | Ulcers                          | YES | NO |
| Cancer             | YES | NO | Herniated Disk   | YES | NO | Disease          |     |    | Vaginal Infections              | YES | NO |
| Cataracts          | YES | NO | Herpes           | YES | NO | Pinched Nerve    | YES | NO | Venereal Disease                | YES | NO |
| Chemical           | YES | NO | High Cholesterol | YES | NO | Pneumonia        | YES | NO | Whooping Cough                  | YES | NO |
| Dependency         |     |    | Kidney Disease   | YES | NO | Polio            | YES | NO | OTHER _____                     |     |    |
|                    |     |    |                  |     |    | Prostate Problem | YES | NO | _____                           |     |    |
|                    |     |    |                  |     |    | Prosthesis       | YES | NO | <u>ARE YOU PREGNANT?</u> YES NO |     |    |
|                    |     |    |                  |     |    |                  |     |    | DUE DATE _____                  |     |    |

|                        |                      |
|------------------------|----------------------|
| <u>Exercise</u>        | <u>Work Activity</u> |
| None                   | Sitting              |
| Moderate               | Standing             |
| Daily                  | Light Labor          |
| Heavy                  | Heavy Labor          |
| <u>Habits</u>          |                      |
| Smoking                | Packs/Day _____      |
| Alcohol Drinks/Day     | _____                |
| Coffee/Caffeine drinks | Cups/day _____       |
| High Stress Level      | Reason _____         |

|                           |                    |             |
|---------------------------|--------------------|-------------|
| <u>Injuries/Surgeries</u> | <u>Description</u> | <u>Date</u> |
| Falls                     | _____              | _____       |
| Head Injuries             | _____              | _____       |
| Broken Bones              | _____              | _____       |
| Dislocations              | _____              | _____       |
| Surgeries                 | _____              | _____       |
| Auto Accidents            | _____              | _____       |

Medications \_\_\_\_\_

Pharmacy Name \_\_\_\_\_

Pharmacy Phone (\_\_\_\_) \_\_\_\_\_

Allergies \_\_\_\_\_

Vitamins/Herbs/Minerals \_\_\_\_\_